



*For immediate release, April 10, 2020*

# Mayor Kaptain Urges All to Wear Masks

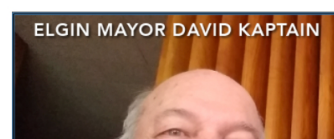


## **Wear a mask or cloth face covering when out for essential errands to protect yourself and Others**

**Elgin, IL** - Mayor David Kaptain is urging the community to wear masks or cloth face coverings with a new campaign, "Show you care. Cover up. 🤒" In recognition that it is difficult to maintain social distancing measures in public settings, like checking out at the grocery store, Mayor Kaptain is imploring the community to wear a face covering to help protect one another.

The Center for Disease Control (CDC) advises the use of simple cloth face coverings to slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others. Cloth face coverings fashioned from household items or made at home from common materials at low cost can be used as an additional, voluntary public health measure.

"By taking extra precautions like wearing a mask, we are keeping ourselves and those working in our community safe and healthy as we work together to slow the spread of coronavirus," said Mayor David Kaptain.



Show your care by posting a selfie of you with your mask. Tag @cityofelgin on Instagram or Facebook. The City accounts will then share your selfies to its stories as a thank you for doing your part.



Don't have a mask? Masks can be easily made at home with household items and you don't even need a sewing machine.

Here are some homemade face covering instructions:

- [Sewn Cloth Face Covering](#)
- [Quick Cut T-Shirt Cloth Face Covering \(no sew method\) and Bandana Cloth Face Covering \(no sew method\)](#)

### **CDC Guidance on Face Coverings**

Cloth face coverings should:

- fit snugly but comfortably against the side of the face
- be secured with ties or ear loops
- include multiple layers of fabric
- allow for breathing without restriction
- be able to be laundered and machine dried without damage or change to shape

Homemade Cloth Face Coverings:

*Should cloth face coverings be washed or otherwise cleaned regularly? How regularly?*

Yes. They should be routinely washed depending on the frequency of use.

*How does one safely sterilize/clean a cloth face covering?*

A washing machine should suffice in properly washing a cloth face covering.

*How does one safely remove a used cloth face covering?*

Individuals should be careful not to touch their eyes, nose, and mouth when removing their cloth face covering and wash hands immediately after removing.

Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the cloth face covering without assistance. The cloth face coverings recommended are not surgical masks or N-95 respirators. Those are critical supplies that must continue to be reserved for healthcare workers and other medical first responders, as recommended by current CDC guidance.

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For more information, please contact [Communications Manager Molly Gillespie](#) at 847-931-5613 (O) or 224-762-0516 (C).

It is critical to emphasize that maintaining 6-feet social distancing remains important to slowing the spread of the virus. CDC is additionally advising the use of simple cloth face coverings to slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others.

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